

NETAJI SUBHAS REGIONAL CENTRE,
Sarojini Nagar, Kanpur Road, Lucknow. 226008

No: SAI/NSRCL/NCOE/Hockey Trials/20 22-23/

24.03.2022

SAI NCOE Selection Trials for Hockey(Men & Women)

SAI NCOE Lucknow is conducting selection trials for Hockey (Men and Women) **from 3rd March to 5th March-For Women and 7th March to 9th March 2022-For Men** - for the age group 14 to 24 years(as on 01/01/2022) at SAI, Netaji Subhash Regional Centre, Kanpur Road, Sarojini Nagar, Lucknow, Uttar Pradesh — 226008. The various facilities of NCOE are: Boarding As per actuals recommended by Nutrition Expert, Good quality Lodging facilities, World Class Coaching by Expert Panel of Coaches , Sports Kit, World Class Training Infrastructure & amp; Competition Exposure and Educational Expenditure assistance, Free Medical facilities, individualized planned nutrition, latest scientific support by exercise physiologist, strength and conditioning experts, physiotherapist, masseurs etc.

Important Information —

- **Negative RT PCR Report is mandatory (not older than 72 hours)**
- **Reporting time is on 03/03/2022 at 8:00 A.M for Women and 07/03/2022 at 8:00 A.M for Men.**
- **Boarding and Lodging shall not be provided for the participants of selection trials.**

TRIAL DETAILS -Venue: SAI Netaji Subhas Regional Centre Lucknow.

Dates	3rd March-5 th March 2022-Women. 7 th March to 9 th March 2022 -Men
Age Group	14 years to 24 years (Age as on 01/01/2022)
Selection Criteria	<ul style="list-style-type: none"> • Represented India in Recognized Hockey Competition. • Medal in Hockey India National Championship. • Participation in Hockey India National Championship • Participation in School Nationals • Participation in Khelo India Youth & University Games • All India and Inter University Competitions. • Medal in state hockey championship • Participation in state hockey championship.

(Original documents along with the Self- attested photocopy needs to be submitted at the time of reporting)

- Date of Birth Certificate.
- Copy of Passport (if applicable).
- Aadhar Card
- Sports Achievement Certificate
- Educational Qualification Certificate
- Passport size photograph (4)
- Voter ID

For more details,

Contacts: - Smt. Neelam Kapoor -Chief Coach- 9795434650 , Sh Rashid Aziz Khan-Sr. Coach 9450191887, SH Jai Bhagwan-Asst Coach- 9467602242, or please visit our website -

<https://www.sailucknow.in> and <https://www.sportsauthorityofindia.nic.in>



Jawaharlal New Delhi Stadium, New Delhi

Hockey NCOE's Open Selection Trails – All Venues

S.NO	Name of the NCOE	Allocated for	Date of Selection Trials (3 Days)
1	NCOE KOLKATA	WOMEN	7 th to 9 th March 2022
2	NCOE SONIPAT	MEN	15 th to 17 th March 2022
3	NCOE MUMBAI	WOMEN	11 th to 13 th March 2022
4	NCOE PATIALA	WOMEN	3 rd to 5 th March 2022
5	NCOE LUCKNOW	MEN & WOMEN	3 rd to 5 th March 2022 – Girls & 7 th to 9 th March 2022 – Boys
6	NCOE AURANGABAD	MEN	2 nd to 4 th March 2022
7	NCOE IMPHAL	MEN & WOMEN	7 th to 9 th March 2022 – Girls & 10 th to 12 th March 2022 - Boys

Document Required

NCOE Selection criteria

S.NO.	Document to be produced at the time of selection trials. (In original and self – attested photo copies)
1.	Educational Qualification Certificates
2.	Copy of passport (if applicable)
3.	Aadhar Card
4.	Date of Birth Certificate
5.	Voter ID
6.	Sports achievement Certificate
7.	Passport size photograph (x4)

Age Criteria	Sports Performance Criteria
Between 14 to 24 Years As on 01/01/2022	<ul style="list-style-type: none"> • Represented India in recognized hockey competition • Medal in Hockey India National Championship • Participation in Hockey India National Championship • Participation in School Nationals • Participation in Khelo India Youth & University games • All India and Inter University Competitions • Medal in state hockey championship • Participation in state hockey championship
<p>Note: Irrespective of the age criteria talented athletes may be considered for induction based on the recommendation of talent identification and development committee.</p>	

Notifications

1. Khelo India Website
2. Hockey India Website
3. SAI Website
4. State hockey associations
5. Local Media

Testing Schedule

Day -1
Registration of athletes, (Only who met the Entry Criteria) Verification of All documents Application Form filling Submission of Application form along with all required documents
Fitness tests
VO2 Max
Day – 2
Skill Test and Competitive Match
Day – 3
Skill Test and Competitive Match

S.No.		Tests
Fitness Tests		
1.	10 Meter and 40 Meter sprint speed test	
2.	Yo-Yo Test	
3.	T Test for Goal Keepers	
Skill Testing		
1.	Passing over short and long distances	
2.	Receiving over short and long distances	
3.	Tackling and channelling	
4.	Overhead pass and receive	
Goal keeper skill test		
1.	Semi – Circular movements for covering the angle of Goal Post	
2.	Kicking the ball for accuracy	
3.	Jump and reach	
4.	Approaching and blocking	
Athletes will be involved in competitive matches and be assessed on		
1.	Positioning	
2.	Skill execution	
3.	Decision making	
4.	Versatility	
5.	Active involvement	

Facilities to be provided in NCOE's		
Boarding	As per actual recommended by Nutrition Expert @ Rs. 1,20,000/year	Additional Facilities
Lodging	Rs. 10,000/	World class Coaching by Expert Panel of Coaches
Sports Kit	Rs. 20,000/	World class training infrastructure & Equipment's
Competition Exposure	Rs. 50,000/	Individually Planned Nutrition
Educational Expenditure	Rs. 10,000/	Latest Scientific support by Exercise Physiologist, Strength and Conditioning Experts, Physiotherapist, Masseurs
Miscellaneous	Rs. 5000/	Free Medical Facilities, Insurance Cover etc.

Players will be ranked according to their fitness, skills and match playing abilities using fair and objective criteria.

Note: In addition to the mentioned performance criteria, it may be noted that, above criteria is for appearing in **Selection Trials Only**. The final selection will be made on the basis of **Overall Merit, Availability of Seats and Age Verification Tests as per SAI guidelines**. Highest ranked players will be offered the opportunity to join one of the NCOE.

Application Form

Passport
Size Photo

Sports/Discipline: HOCKEY	Playing Position:
Name of the Athlete:	State:
Father's Name:	Mother's Name:
Date of Birth:	Contact No.:
Current Enrolled Academy:	Gender:
Height:	Weight:
Sports Achievements (may attach as annexure):	
Identification Mark:	Blood Group:
Email Address:	
Residential Address:	
Aadhaar Card Number:	PAN Number:
Passport Number:	Passport Issue date:

Bank Details:	
Account Number	
Account Holder's Name	
IFSC	
Bank Name	
Bank Address	
Medium of Instruction	
School/College Name	
Class/Course	
School/College Address	
School/College Contact No.	
Medical History:	

Date:

Place:

Signature of Athlete